## Help to restore ecosystem health in Pacific Spirit Regional Park



## **Field Trip Summary**

Metro Vancouver Regional Parks manages a regional parks system of over 13,800 hectares of near urban park land across the region with the aim of protecting natural areas and connecting people with nature. Regional Parks has a well-developed natural resource management program including invasive species management, habitat restoration, and working closely with the community to collaborate on park stewardship activities. Through the years we have gained valuable insights and tested a diversity of techniques for restoration in regional parks to improve biodiversity and restore ecosystem functioning. We are happy to invite SER participants to visit Pacific Spirit Regional Park, learn about our program, and participate in planting at an active restoration site. This trip will also give participants the opportunity to tour a typical Coastal Douglas-fir forested ecosystem within a large urban park.

This field trip will depart the Pan Pacific at 1:00 p.m. Snacks and water will be provided. Please bring your own water bottle. The bus will return to the hotel no later than 5:00 p.m.